# Autumn hiking

# Tsz Wan Shan – Shatin Pass and Lion Rock (慈沙古道上獅山)

Getting out together in nature is a great way to relieve everyone's stress at work. Come join the autumn hiking organized for young members to explore the beauty of Hong Kong's iconic peak, Lion Rock and enjoy the breathtaking view of Shatin Pass. Two routes are available for selection according to participants' preference and physical condition. This is also a good opportunity to network with fellow young members.

#### **Date**

### Saturday, 30 November 2019

### Assembly place & time

Exit B3 of Wong Tai Sin MTR Station at 11:00 a.m.

#### **Routes**

### Group A – for leisure (優閒組)

Route: Wong Tai Sin (黃大仙)—Shatin Pass (沙田坳) – rest point—Tsz-Sha Pass (慈沙古道)—Shui Chuen O Estate (水泉澳村)—Shatin Wai MTR station (沙田圍站)

- Distance: approx. 5 km
- Difficulty: 1.5 (1 = easiest; 5 = hardest)
- Estimate time: 3 hours
- Group size: around 50 persons

## Group B - for experienced hikers (健行組)

Route: Wong Tai Sin (黃大仙)—Shatin Pass (沙田坳) – rest point— MacLehose Trail Section 5 (麥理浩徑第五段)—Lion Rock Peak (獅子山頂) — Amah Rock (望夫石) —Hung Mui Kuk (大圍紅梅谷)

- Distance: approx. 9 km
- Difficulty: 3 (1 = easiest; 5 = hardest)
- Estimate time: 4 5 hours
- Group size: around 40 persons

Members are requested to indicate their preference on the route upon registration.

[Participants are not recommended to change their choice once enrolled; unless due to physical constraints on the event day that an easier route (Group A) might have to be taken.]

#### Fee

### Free of charge

## No. of participants

Min. of 40 / Max 90 persons (for members only) (Subject to cancellation if the min. no. of participants is not reached)

#### **Enrolment**

#### Please enrol online

#### **Enrolment Deadline**

22 November 2019









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# **Notes to participants**

- The estimated time of the walk includes rest time, which may subject to change depending on the walking speed of participants and conditions of the trails.
- Participants are advised to take a full meal before the walk.
- Participants are recommended to bring at least 1-litre water/sports drinks, snacks, sun block lotion, hat/umbrella, and personal medication if necessary. Hiking pole(s) will be useful but not necessary.
- Participants must be fully prepared with proper gear, and physically fit to undergo the activity.
- All participants must agree with the "Declaration, Assumption of Risks and Disclaimer of Liability" when they enrol online.

More information related to the activity including assembly details will be provided to the successful registrants later. The mobile contact of participants will be provided to the event helpers for creating a Whatsapp group to facilitate communication.

# Declaration, Assumption of Risks and Disclaimer of Liability

All participants must agree with the "Declaration, Assumption of Risks and Disclaimer of Liability" when they enrol.

### **Declaration**

I declare that I do not suffer from any illness/disability that renders me unfit to participate in the above activity. I will immediately notify the activity convenor of the committee/HKICPA if, for any reason, my health subsequently renders me or may render me unfit to participate in the above activity. I fully accept that the activity convenor of the committee/HKICPA will then consider whether I should, in the interest of safety or the safety of the other participants, continue to be allowed to further participate in future sessions and that his/her/the decision of the HKICPA will be final.

Where trainers are in place, I agree to follow the trainer's instructions. I agree that this may be a verbal, visual, physical or demonstrative form of communication. I will ask for further clarification of any ambiguous and/or inaudible instructions. I understand that I will be asked to leave a session immediately if deemed to be deliberately ignoring the instructions from the trainer.

## **Assumption of Risks and Disclaimer of Liability**

As a participant in the above activity you accept that you may be exposing yourself to risk of harm due to the hazards inherent in the activity.

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## Notes on enrolment

- 1. Enrolment for the activity is accepted on a first-come-first served basis. Priority will be given to young members (i.e. aged 40 or below) in the case of over subscription.
- 2. Confirmation of enrolment will be sent to you via email before 26 November. You can check your enrolment status at "MyCPA" at <a href="https://www.hkicpa.org.hk">www.hkicpa.org.hk</a>. Unsuccessful enrolment will be notified.
- 3. If a participant is no show at the event, he/she may be given a lower priority for joining future events organized by the Young Members Committee.
- 4. Bad weather arrangement: The activity will be cancelled in the event of inclement weather, such as typhoon signal or rainstorm warning hoisted. More details will be provided upon enrolment confirmation.
- 5. The Institute reserves the right to change the venue, date, and/or rundown of the event due to unforeseen circumstances.

Personal Data: Your personal data collected from the enrolment process and administration of courses/events/activities will be used for the purpose of the administration of the course/event/activity on which you are enrolled ("Event"). Such data collected may be accessible by the Institute's officers, persons or committees processing the application and related matters. In addition, the Institute may use the collected data for statistical research and analysis. By submitting this Enrolment Form, you understand and agree that the Institute may provide your personal data above to co-organisers/service providers in or outside Hong Kong for the purpose relating to the Event. The Institute intends to use the personal data of your name, email address and correspondence address to inform you, where relevant, of members' benefits, goods, services, facilities and events organized or provided by the Institute or other organizations. Members and registered students may opt out of receiving such materials at any time by logging in via the following link <a href="https://www.hkicpa.org.hk/en/members-area/comm-preference/">https://www.hkicpa.org.hk/en/members-area/comm-preference/</a>. Non-members may opt out of receiving such materials at any time by sending an email to the Institute at <a href="mailto:privacyofficer@hkicpa.org.hk">privacyofficer@hkicpa.org.hk</a> or a letter to the Institute's privacy officer. For more information about the privacy policy of the Institute, please go to <a href="mailto:http://www.hkicpa.org.hk/en/service-tools/privacy-policy/">https://www.hkicpa.org.hk/en/service-tools/privacy-policy/</a>.

Event Information Enquiry: 2287 7009 (Betsy Liang) / e-mail: betsyliang@hkicpa.org.hk