



Joint YMC and AIG event:

Hiking – Thousand Island Lake (千島湖) & Tai Tong Sweet Gum Woods (大棠紅葉)



Join the [Young Members Committee \(YMC\)](#) and [Athletics Interest Group \(AIG\)](#) on 13 December 2025 for a breathtaking scenic hike in Hong Kong. This leisurely route offers fantastic photo opportunities atop the mountains for your social media posts, and a great opportunity to network with your peers. Don't miss out on this unforgettable experience!

Date	Saturday, 13 December 2025
Assembly place & Time*	Hong Kong Gold Coast at 9 am
Route	So Kwun Wat – Maclehoose Trail Section 10 – Reservoir Island Viewpoint – Tai Tong Sweet Gum Wood (經掃管笏上麥理浩徑第 10 段，景點：千島湖觀景台，大棠紅葉)
Distance	10 km
Estimated time	4 hours
Difficulty	Easy
Fee	Free of charge
No. of participants	Min. of 40 / Max 100 person (For Members only)
Bad weather arrangement	If typhoon signal no. 3 or above / Red and Black rainstorm warning / thunder warning is hoisted at 6:30 am, the practice will be cancelled.
Registration	Please enroll online
Enrolment Deadline	5 December 2025

* Participants will be provided with more details on the assembly point nearer the event date.



Notes to participants

1. This is a casual walk with NO trail running training. Some experienced members may walk faster and they will continue at their speed.
2. Participants should not feel inhibited if they wish to cut short their practice at any time depending on their physical condition at the time. Safety is of paramount importance and trailers must take that into account when considering whether they should complete the entire trail for the sake of their own safety.

- Participants must be fully prepared with proper gear. They must be physically fit to undergo the walk on the activity date. If your health condition has changed since enrolment, please consult your physician to check if it is still advisable for you to participate in the activity. You should also inform your convenor / the appointed on-site co-coordinator of the situation.
- All participants must agree with the "Declaration, Assumption of Risks and Disclaimer of Liability and Personal Data" on page 3 when they enroll online.
- All trailers are advised to eat a full breakfast before the walk.
- Trailers are advised to bring at least 2-litre water/sports drinks, energy bar/snack/fruit, sun block lotion, hat, tracking shoes, hiking poles and an extra tee. If you have a CPA uniform, please wear it for easy identification.
- Other information, such as mid-way supply, exit points and weather forecast will be provided after your enrolment is confirmed.
- Bad weather arrangement:** if typhoon signal no. 3 or above / Red and Black rainstorm warning / thunder warning is hoisted at 6:30 am, the practice will be cancelled.
- Enrolment for the activity is accepted on a first-come-first served basis.
- Confirmation of enrolment will be sent to you via email by prior to the date of event. You can check your enrolment status at "MyCPA" at www.hkicpa.org.hk.
- The Institute reserves the right to change the date, speaker, and/or rundown of the event due to unforeseen circumstances.

Declaration, Assumption of Risks and Disclaimer of Liability

Declaration

I declare that I do not suffer from any illness/disability that renders me unfit to participate in the above activity. I will immediately notify the activity convenor of the interest group/committee/HKICPA if, for any reason, my health subsequently renders me or may render me unfit to participate in the above activity. I fully accept that the activity convenor of the interest group/committee/HKICPA will then consider whether I should, in the interest of safety or the safety of the other participants, continue to be allowed to further participate in future sessions and that his/her/the decision of the HKICPA will be final.

Where trainers are in place, I agree to follow the trainer's instructions. I agree that this may be a verbal, visual, physical or demonstrative form of communication. I will ask for further clarification of any ambiguous and/or inaudible instructions. I understand that I will be asked to leave a session immediately if deemed to be deliberately ignoring the instructions from the trainer.

Assumption of Risks and Disclaimer of Liability

As a participant in the above activity you accept that you may be exposing yourself to risk of harm due to the hazards inherent in the activity.

Young Members Instagram

Follow us on Instagram [@hkyoungcpa](https://www.instagram.com/hkyoungcpa) to stay updated on our latest activities and connect with the young member community. Don't forget to like and share our posts!

Click [here](#) to learn more about the **Young Members Committee**.

Join AIG and its activities

Register as an Athletics Interest Group (AIG) member

HKICPA members can join the AIG for free and will receive the latest news and enjoy priority entry to the group's activities. Simply visit the HKICPA homepage > login to "[myCPA](#)" > Application > Faculty/Interest Group Application > Add Sports and Recreation Interest Group > Athletics Interest Group.

Terms for Enrolment in Sports IG Activities:

Any enrolment in the activity is based on the participant's assessment that s/he is fit to participate and the assumption of all the risks and hazards inherent in the said activity. The participant agrees not to hold HKICPA or the convenor of the interest group liable for any loss or damage that the participant may suffer as a result of the participation.

The participant further agrees to follow the instructions from trainers (if any) and observe the [Event Participation Guidance](#). Any failure to follow such instructions will result in the participant's exclusion from the activity. The convenor of the interest group or trainer (if any) may determine, in the interests of safety or other considerations, whether an activity shall continue or whether a particular participant is allowed to continue to participate.

Personal Data: Your personal data collected from the enrolment process and administration of courses/events/activities will be used for the purpose of the administration of the course/event/activity on which you are enrolled ("Event"). The provision of personal data by means of this form is voluntary. However, insufficient information may result in an inability to process your application. Such data collected may be accessible by the Institute's officers, persons or committees processing the application and related matters. In addition, the Institute may use the collected data for statistical research and analysis. By submitting this Enrolment Form, you understand and agree that the Institute may provide your personal data above to co-organisers/service providers in or outside Hong Kong for the purpose relating to the Event. The Institute intends to use the personal data of your name, email address and correspondence address to inform you, where relevant, of members' benefits, goods, services, facilities and events organized or provided by the Institute or other organizations. Members and registered students may opt out of receiving such materials at any time by logging in via the following link <https://mas.hkicpa.org.hk/mycpa/communication/preference>. Non-members may opt out of receiving such materials at any time by sending an email to the Institute at privacyofficer@hkicpa.org.hk or a letter to the Institute's privacy officer. For more information about the privacy policy of the Institute, please go to <http://www.hkicpa.org.hk/en/service-tools/privacy-policy/>.

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