

Stress is common in city life and increasingly affecting our lives. The following accounting associations are joining hands to present 2019 Accountants, WeCare stress management sessions for accountants to learn how to enhance our own well-being and performance and/or those of our friends and families.

壓力,今時今日變得愈益常見,對我們的生活影響甚深。了解並掌握壓力的來源,刻不容緩! 2019年,17個會計師專業團體再次携手協辦會計師減壓持續進修課時,全新系列 WeCare 為 同儕加加油、鬆一鬆,寓減壓於學習。讓我們一起成為更自信、更美好的自己!

如何面對事業的起跌與家庭的張力

做個沉得住氣的女人

2019年10月17日(星期四)

時間: 18:30-20:30 地點: HKICPA (報名請按此鏈結*)

*9月30日(星期一)早上10時開始接受報名



Speaker

Ms. Shirley Loo 羅乃萱女士 BBS MH JP

General Secretary
Family Development Foundation



做個輸得起的男人

2019年11月20日(星期三)

時間: 19:00-21:00 地點: HKICPA (報名請按此鏈結*)

*9月30日(星期一)早上10時開始接受報名

Speaker

Dr. Peter Ho 何志滌博士

Principal of Tung Fook Bible College
Head of Haven of Hope – Christian Service

Lead Organizer:



Organizers:







Co-organizers:



























Venue

HKICPA

Hong Kong Institute of Certified Public Accountants

27/F, Wu Chung House, 213 Queen's Road East, Wanchai, Hong Kong

Language

Cantonese

Fee

Free of charge for members or students of Organizers and Co-organizers

Participants

Accountants who wish to learn about the causes and effects of their stress and how it may be better managed in order to enhance their well-being and performance.

The Organizers reserve the right to limit the number of sessions enrolled by each participant.

Competency

Management, leadership and soft skills

CPD hours

2 hours for each session

Registration

Enrolment will commence at 10:00 a.m. on Monday, 30 September 2019

Confirmation email or rejection email will be sent to you 5 days before the seminar 我們將在講座開始前五天,向閣下發出座位確認信。

For any enquiries, please email to acawecare@gmail.com or call Elizabeth Law at 2522 7605 or 9305 9551. 如欲查詢,請電郵至 acawecare@gmail.com;或致電 9305 9551 (Elsa) 或 2522 7605 (Elizabeth Law)。

Lead Organizer:



Organizers:































